

## LONGmen Herrar motion

Pos	Bib#	Athlete	Team	Country	Pace	7.5 km	Gun Time	Chip Time
1	68	Emil Söderlund	Cursoros Åland	ALA	4:16	0:30:24.1	0:51:15.8	0:51:14.5
2	81	Isac Holmström	JIK	ALA	4:28	0:31:05.9	0:53:39.0	0:53:37.8
3	7	Matti Janlöv	IFK Mariehamn	ALA	4:33	0:31:58.1	0:54:47.1	0:54:45.8
4	73	Mikael Öhman	Gotland Trailrun	SWE	4:34	0:31:58.5	0:54:58.5	0:54:57.1
5	78	Jon Hilander	Sollefteå ASS	SWE	4:39	0:32:33.2	0:55:56.1	0:55:54.8
6	88	Stefan Fagerström		ALA	4:50	0:35:17.7	0:58:03.8	0:58:00.4
7	63	Patrik Lehtonen	JIK	ALA	4:51	0:34:36.8	0:58:23.8	0:58:20.8
8	13	Björn Larsson	IFK VÄNERSBORG	SWE	4:53	0:33:34.9	0:58:43.1	0:58:41.3
9	98	Sven Sundin		SWE	4:57	0:34:25.3	0:59:29.9	0:59:27.5
10	31	Kent Nordlund	Canis löpus	ALA	5:07	0:36:26.5	1:01:34.8	1:01:31.6
11	17	Tomi Furu	IFK	ALA	5:09	0:36:06.2	1:01:54.6	1:01:52.3
12	100	William Söderlund	SIF	ALA	5:09	0:36:07.3	1:01:57.4	1:01:54.7
13	23	Kim Grandell		ALA	5:27	0:36:16.4	1:05:30.1	1:05:28.1
14	99	Svante Lindholm	SIF	ALA	5:27	0:36:26.0	1:05:30.3	1:05:27.9
15	16	Per Adolfsson		SWE	5:27	0:37:02.1	1:05:33.6	1:05:31.4
16	3	Thomas Söderlund	CONFIDO Bokföringsbyrå Ab	ALA	5:27	0:36:46.4	1:05:39.7	1:05:34.6
17	15	Jesper Backas		ALA	5:29	0:39:44.2	1:05:56.3	1:05:51.6
18	64	Rob Watkins	Paf	WAL	5:30	0:38:45.0	1:06:05.2	1:06:03.3
19	80	Daniel Näslund	BIF	ALA	5:30	0:40:00.6	1:06:11.0	1:06:00.9
20	87	Raymond Blount		ZAR	5:31	0:39:39.2	1:06:17.0	1:06:13.5
21	77	Adam Lindberg	Team Sportia	ALA	5:33	0:38:45.2	1:06:43.5	1:06:41.6
22	84	Nicholas Björkell		ALA	5:38	0:40:04.9	1:07:49.0	1:07:40.6
23	21	Stefan Granskog	ÅTRI	ALA	5:39	0:39:55.7	1:07:59.2	1:07:54.9
24	28	Lars Janlöv	IFK Mariehamn	ALA	5:41	0:39:23.6	1:08:19.2	1:08:16.4
25	24	Johan Weiland	Hjärtat	SWE	5:41	0:40:23.1	1:08:29.5	1:08:21.3
26	19	Aki Kattelus	Tagahoovi Pingutus	FIN	5:42	0:41:51.4	1:08:42.6	1:08:34.9
27	90	Johan Genneby	Prästö	SWE	5:44	0:39:34.7	1:08:53.2	1:08:48.3
28	70	Torvald Eriksson	LUIA/ Canis löpus	ALA	5:47	0:40:44.2	1:09:31.6	1:09:28.7
29	85	Greger Eriksson	JIK	ALA	5:48	0:40:31.9	1:09:41.6	1:09:35.6
30	14	Tomas Lindell	FC Samp	SWE	5:49	0:41:00.0	1:09:51.9	1:09:47.4
31	83	Joakim Örblom	ÅDA	ALA	5:57	0:40:55.6	1:11:31.1	1:11:26.0
32	32	Janis Tislers		LAT	5:57	0:42:25.3	1:11:38.1	1:11:29.4
33	12	Andre Charles		SWE	5:58	0:41:17.7	1:11:57.2	1:11:45.3
34	6	Kim Gunell	Team Quashiorcho	ALA	6:00	0:42:17.1	1:12:14.3	1:12:05.7
35	69	Elias Lehtonen	JIK	ALA	6:02	0:43:32.6	1:12:38.6	1:12:32.3
36	30	Mats Segerström	Canis Löpus	ALA	6:03	0:43:58.8	1:12:44.6	1:12:40.2
37	4	Jonny Lindström		ALA	6:06	0:43:00.3	1:13:24.6	1:13:16.9
38	11	Jens Andersén	Canis Löpus	ALA	6:07	0:43:59.4	1:13:38.1	1:13:33.5
39	66	Christian Westerholm		FIN	6:08	0:41:03.6	1:13:42.9	1:13:37.8
40	71	Ragnar Sävfors	STU Bulls	SWE	6:10	0:41:44.4	1:14:02.5	1:13:59.7
41	22	Christian Persson		ALA	6:09	0:42:56.7	1:14:03.1	1:13:56.0
42	27	Jan Nordlund	Canis Löpus	ALA	6:12	0:44:32.0	1:14:36.6	1:14:31.0
43	29	Ulf Asplund	Canis Löpus	ALA	6:13	0:43:58.9	1:14:48.7	1:14:44.8
44	94	Niclas Lilja	Djurgården IF	SWE	6:18	0:44:34.8	1:15:52.1	1:15:45.4
45	89	Raphael Van Eemeren		BEL	6:20	0:42:20.1	1:16:08.1	1:16:03.6
46	95	Sebastian Bergman		ALA	6:22	0:43:48.5	1:16:39.6	1:16:31.6
47	92	Anders Bergmark	Snättringe SK	SWE	6:25	0:44:01.2	1:17:07.7	1:17:04.2
48	8	David Öhberg		ALA	6:28	0:45:54.9	1:17:44.2	1:17:36.8
49	93	Sture Andersson	LUIA	ALA	6:34	0:45:25.6	1:19:01.0	1:18:58.0
50	2	Carl Hamsten	Team Nordic Trail	SWE	6:34	0:46:29.2	1:19:02.9	1:18:56.2
51	18	Torbjörn Björkman		ALA	6:38	0:45:55.9	1:19:43.0	1:19:36.8
52	26	André Sjöström		ALA	6:46	0:47:29.7	1:21:26.0	1:21:19.4
53	9	Thomas Fagerstedt		ALA	6:54	0:47:03.7	1:22:53.3	1:22:48.6
54	96	Fredrik Bergman		ALA	6:57	0:47:47.2	1:23:40.7	1:23:32.5
55	5	Fredrik Eriksson		ALA	7:05	0:49:56.0	1:25:15.1	1:25:05.1
56	86	Jani Monthan	BIF	ALA	7:06	0:48:41.1	1:25:32.1	1:25:21.4
57	75	Tor-Olof Blomster	LUIA	ALA	7:11	0:48:40.0	1:26:18.3	1:26:11.4

LONGmen Herrar motion

Pos	Bib#	Athlete	Team	Country	Pace	7.5 km	Gun Time	Chip Time
58	1	Michael Pander		DEU	7:19	0:49:50.3	1:28:01.2	1:27:55.6
59	20	Tomi Lehtikainen		FIN	7:31	0:52:46.9	1:30:23.5	1:30:13.5
60	33	Anders Boman		ALA	7:44	0:52:57.6	1:33:00.6	1:32:51.3

LONGwomen Damer motion

Pos	Bib#	Athlete	Team	Country	Pace	7.5 km	Gun Time	Chip Time
1	72	Tove Reymers	Gotland Trailrun	ALA	5:30	0:38:26.1	1:06:08.1	1:06:06.2
2	54	Teija Maamela		FIN	5:49	0:40:40.1	1:09:56.5	1:09:53.1
3	34	Marina Donner	ÅTRI	ALA	5:54	0:42:28.3	1:10:59.7	1:10:57.5
4	41	Nina Andersen-Gunell		ALA	5:56	0:42:07.5	1:11:19.6	1:11:14.0
5	91	Karin Wimmer	Snättringe SK	SWE	5:57	0:41:11.5	1:11:35.5	1:11:31.3
6	79	Ida Hilander	FI	SWE	6:08	0:43:59.7	1:13:43.9	1:13:36.7
7	42	Jenny Bjelksjö		SWE	6:08	0:44:02.2	1:13:48.9	1:13:44.8
8	57	Pirta Hotulainen	TriathlonSuomi/Cetus	FIN	6:30	0:45:16.4	1:18:13.8	1:18:06.6
9	82	Jonna Rask	Pargas IF	FIN	6:33	0:45:54.3	1:18:39.1	1:18:35.6
10	55	Ritva Eskonniemi	Hellas friidrott	SWE	6:36	0:44:33.5	1:19:15.4	1:19:12.0
11	58	Eeva Biskop		FIN	6:36	0:46:47.5	1:19:26.4	1:19:19.9
12	50	Petra Boström	Team Nordic Trail	SWE	6:38	0:46:50.7	1:19:41.5	1:19:35.5
13	51	Johanna Thyrén		SWE	6:39	0:46:46.3	1:20:03.2	1:19:58.5
14	65	Aino Waller	Ålands Motionsförbund	ALA	6:41	0:44:53.0	1:20:25.4	1:20:22.7
15	53	Johanna von Wetter-Rosenthal		ALA	6:45	0:46:54.8	1:21:18.0	1:21:10.1
16	76	Maria Fjäder		ALA	6:49	0:47:34.3	1:21:53.0	1:21:49.1
17	97	Maud Johans	Run Academy	ALA	6:49	0:47:29.8	1:21:55.4	1:21:49.0
18	49	Pia Lindholm	Fun to run	FIN	6:49	0:47:03.2	1:21:56.9	1:21:53.0
19	56	Johanna Beeks		ALA	6:51	0:47:37.0	1:22:21.6	1:22:14.1
20	47	Anna Dahlberg		SWE	7:08	0:48:34.3	1:25:46.5	1:25:41.2
21	35	Jenny Zetterblom		ALA	7:20	0:51:52.3	1:28:13.3	1:28:05.3
22	46	Charlotte Fagerstedt	Ingen förening	SWE	7:23	0:52:18.1	1:28:40.7	1:28:35.4
23	48	Lillemor Fagerstedt		ALA	7:28	0:53:03.9	1:29:50.6	1:29:44.7
24	62	Elin Sundback		ALA	7:29	0:52:40.3	1:29:58.1	1:29:52.4
25	37	Liisa Lehtikainen	Esbo If	FIN	7:31	0:52:46.8	1:30:23.5	1:30:14.0
26	61	Anna Boman		SWE	7:44	0:52:57.7	1:33:00.7	1:32:51.3
27	60	Patricia Andila		ALA	7:49	0:53:27.5	1:34:02.9	1:33:53.5
28	43	Maria Jansson		ALA	7:59	0:56:26.1	1:36:03.4	1:35:54.1
29	59	Klara SUNDELIN		ALA	8:10	0:56:34.2	1:38:12.2	1:38:02.2
30	45	Laura Nieminen		ALA	8:28	0:57:15.5	1:41:51.9	1:41:43.1
31	44	Pia Lindroth		FIN	8:28	0:59:01.5	1:41:52.6	1:41:45.6
32	52	Denise Hildén		FIN	8:28	0:59:01.5	1:41:52.8	1:41:46.0
33	38	Tove Nyberg		ALA	8:45	0:59:07.9	1:45:14.9	1:45:04.0
34	39	Linda Rosendal		ALA	8:45	0:59:08.2	1:45:17.8	1:45:07.5
35	67	Anette Jarlegård		SWE	8:47	0:58:04.1	1:45:29.4	1:45:24.2
36	40	Maikki Torsti		FIN	9:35	1:06:37.4	1:55:17.6	1:55:07.9